

## **Annual Report**



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Coordinator

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Education & Support Services Coordinator

Coordinator

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Office Manager

### **Our Mission**

Empower people with Parkinson's in British Columbia by providing resources and services to enable selfmanagement, self-reliance, and self-advocacy.

## Parkinson's Disease

Parkinson's disease is caused by a loss of dopamine in the brain and is the second most common chronic neurodegenerative disorder after Alzheimer's disease. Both motor and non-motor symptoms may be experienced, such as tremor, rigidity, slowness of movement, difficulty with speech, sleep disturbance and mood disorders. There is currently no known cure.

It is estimated that there are approximately 17,500 individuals living with Parkinson's in British Columbia. While the vast majority of people with Parkinson's are over 60, 20% are diagnosed before the age of 50 and many are in their 30s and 40s.

# **Executive Message**

### Dear Friends of Parkinson Society BC,

This past year marked a time of change and continued commitment for Parkinson Society British Columbia (PSBC). We said farewell to our long-time Chief Executive Officer (CEO), Jean Blake, and welcomed her successor, Joanne Baker. We also relocated our offices a few blocks west to a new space on West Hastings Street. Amidst these changes, our investment in the healthcare system and research remains constant. At the same time, our dedicated team of staff and volunteers continues to deliver the programs and services that so many in our community value and rely on.

#### SUPPORTING ACCESS TO HEALTHCARE

We have continued to provide financial support to four movement disorders clinics across the province to increase access to allied health professionals, including speech-language pathologists, physiotherapists, occupational therapists, and social workers. This \$2 million investment over eight years reflects the importance of multi-disciplinary care for those living with Parkinson's disease and employs an innovative incentive approach to encourage health authorities to continue to sustain these positions beyond the term of our funding.

We also continue to advocate for timely, equitable access to new medications. In 2024, we were pleased to see Vyalev $^{\text{\tiny{TM}}}$ , a subcutaneous infusion therapy, included on BC's PharmaCare Formulary.

#### **ADVANCING RESEARCH**

Funding research that is focused on understanding the causes, providing more effective treatments, and finding a cure remains a priority for the Society. In 2024, our investment of more than \$360,000 in research partnerships with Michael Smith Health Research BC and the Parkinson Canada Research Program helped build capacity among the next generation of researchers and contributed to greater understanding of this complex disease.

#### DELIVERING PROGRAMS AND SERVICES

Our Counselling & Healthcare Navigation service, activity and exercise programs, and virtual physiotherapy continue to be offered free of charge and are well-utilized by our community. Our provincial network of more than 50 support groups, powered by some of the most committed and informed volunteers, ensures that British Columbians living with Parkinson's disease have a strong sense of connection and community.

#### ACKNOWLEDGEMENTS AND LOOKING AHEAD

We are deeply grateful for the ongoing dedication and support of our volunteers, donors, staff, and the broader community. Quite simply, we would not exist, and could not do what we do, without you! There remains much work ahead. Our advocacy for more timely access to Deep Brain Stimulation surgery continues, as does our call for better access to movement disorders specialists in rural and remote areas of the province.

Thank you for helping us continue to support and uplift the Parkinson's community in British Columbia. Our goal is that every person touched by this disease has access to the information and services they need to live life to the fullest.

With gratitude,

Joanne Baker

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CEO



Andrew Davenport

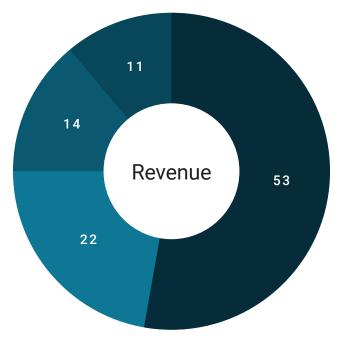
Chair



# Message from our Finance Committee

The Society enters 2025 with reserves equal to two (2) years of its historical expenses, which provides the Society with further opportunity to increase its impact and reach throughout BC.

To view a copy of our audited 2024 Financial Statements, please visit www.parkinson.bc.ca.



53%

**Bequests** \$1,973,715

22%

**Donations** \$819,553

14%

Investments & Other \$507,139

11%

Special Events \$431,798



59%

Support Services \$1,389,613

15%

Fundraising \$368,777

15%

**Research** \$354,566

6%

Public Awareness, Communication, & Advocacy \$147,055

5%

Governance & Administration \$114,248

## **Words from Our Community**

Parkinson Society British Columbia relies solely on donations to provide life-changing support, deliver essential resources, and connect people affected by Parkinson's disease. Your gift impacts individuals and families across the province, giving them hope, strength, and the tools they need to face Parkinson's with resilience. See how supporters made a difference in 2024.

"When Gary was diagnosed, the next day, I contacted Parkinson Society BC [...] They were open and listening. They first sent out a package of information material. We became members. We started reading Viewpoints. I started going to events, meeting other people with Parkinson's and their caregivers. I love going to SuperWalk every year. They know what you're going through or they understand it. If it wasn't for the Society, I don't know what we would have done."







"I got connected to Parkinson Society BC through my good friend. In terms of support groups, there is currently a Young Onset Parkinson's Group. We all share this common trait, but you also get to compare notes, and you basically give each other hope and motivation and inspiration."

Jim Wu, Person living with Parkinson's & Parkinson Society BC Board Member

"I think it's very important for people to connect with Parkinson Society BC, because they give the resources. [Without them] I would not know about Parkinson SuperWalk, and SuperWalk gave me a goal to always train for. They [also] offered therapy for my husband and I that helped to get us through all those rough spots."

Jeanette Fisher Pynn, Person living with Parkinson's and Deep Brain Stimulation recipient



## **Investing in Research**

Parkinson Society British Columbia (PSBC) proudly invests in research that advances understanding, improves care, and moves us closer to a cure for Parkinson's disease. Through direct funding and strategic partnerships — including with the Parkinson Canada Research Program and Michael Smith Health Research BC — we support clinical studies, pilot projects, fellowships, and innovative research that address the needs of people living with Parkinson's in BC and beyond.

### FUNDED THROUGH THE PARKINSON CANADA RESEARCH PROGRAM

#### **Connor Bevington**

University of British Columbia Effects of exercise on brain energetics in Parkinson's disease.

#### **Priti Gros**

#### University of Toronto

Measuring disease progression in Parkinson's disease using administrative health data.

#### **Kathryn Lambert**

#### University of Alberta

Examining the time course of movement programming deficits in parkinson's disease:
An electroencephalographic investigation.

#### Joyce (Sze Tung) Lam

#### University of British Columbia

Treating anxiety in Parkinson's disease with a multi-strain probiotic – A randomized, controlled trial.

#### **Stefan Lang**

#### University of British Columbia

Network signatures of non-motor symptom outcomes following Deep Brain Stimulation in Parkinson's disease.

#### **Martin McKeown**

#### University of British Columbia

An individualized Multi-modal approach for detection of medication "off" episodes in Parkinson's Disease via wearable sensors.

#### Ali Salahpour

#### University of Toronto

Cannabinoid compounds to augment L-DOPA treatment and prevent L-DOPA-induced dyskinesia.

#### **Brendan Santyr**

#### University of Toronto

Using fMRI to optimize Deep Brain Stimulation settings post-surgery and reduce adjustment time.

#### **Konstantin Senkevich**

#### McGill University

Clinical Movement Disorders Fellowship.

#### **Daryl Wile**

Exercise snacks for people with parkinson disease: A pilot randomized controlled trial

## FUNDED THROUGH MICHAEL SMITH HEALTH RESEARCH BC

#### Ifeoluwa Awogbindin

#### University of Victoria

The impact of SARS-CoV-2-infection/COVID-19 and microglial contribution on the development and severity of Parkinson's disease.

#### Lisa Julian

#### Simon Fraser University

Organelle signaling in stem cell identity specification.

#### Nika Shakiba

#### University of British Columbia

Unlocking the competitive potential of pluripotent stem cells: Towards novel stem cell therapeutics.

#### Nicholas See

#### Simon Fraser University

A chemical biology approach to uncovering modulators of a Parkinson's disease-linked protein.

#### **Anthony Lapansky**

#### University of British Columbia

Coordinating movement in a complex world: How the midbrain and oculomotor cerebellum encode visual motion originating from realistic scenes to guide locomotion.

#### **LOOKING AHEAD**

We remain committed to supporting both clinical and translational research that improves the lives of people affected by Parkinson's disease. As new projects are funded, PSBC will continue to share updates, outcomes, and discoveries that reflect the impact of your support — bringing hope and progress to the Parkinson's community.

DATE: 7 September 2024

\$: 2,000°

## Our Year in Review

## 83%

of participants in PSBC's new virtual group cognitive behavioural therapy program reported continued use of strategies to manage Parkinson's and caregiving challenges.



## 300+

frontline staff trained through 8 Parkinson Ready Vancouver sessions, with the World Parkinson Coalition and PD Avengers, to reduce stigma and improve accessibility in tourism, hospitality, transportation, and emergency services.



## 355

registrants across 4 regional conferences in BC, showing strong demand for accessible Parkinson's education and support.



new specialized support groups launched — South Asian, PD Solo, and Women Living with PD — expanding access to tailored peer support for underserved communities across BC.



## 500+

volunteer hours contributed to help make Parkinson SuperWalk in BC possible.

## 1,773+

volunteer hours contributed to Programs & Services, showing the vital role community members play in expanding PSBC's reach across BC.



4

part Parkinson's training series delivered and recorded with Fraser Health to support ongoing staff learning and improve patient care.



19

in-service presentations gave healthcare providers and community groups tools to better support people affected by Parkinson's.



1,057

registrants were drawn in to 19 webinars for 2024, with the top session — Self-Compassion for Caregivers — attracting 90 participants.



24

healthcare professionals completed PD Warrior training at workshops in Chilliwack and Prince George, strengthening their ability to support people with Parkinson's.



#### **Special Thanks to Our Supporters**

We do our best to ensure each name is accurately listed. Please inform us of any errors at donations@parkinson.bc.ca so we may correctly recognize you in the future.

#### INDIVIDUAL LEADERSHIP CIRCLE (\$5000+)

Anonymous (5) Dorothy & Albert Anderson Janice & Rodney Hobbs Heather Toews & Andrew

Kaufman Linda Leslie Wray McDonnell Holly & Chris Parrish John Peirce & Nancy Hetherington-Peirce Albert Roos & Rosalind Best Chris Vollan

#### **LEGACY GIFTS**

Sheila Diane Carnegie Maurice Wilson Gordon Craig Carolyn Eunice Gorman Margo Louise Jakobsen

Heather Jean McKenzie June Ardith Teal Verla Ann McClynch

#### INDIVIDUAL BENEFACTORS CIRCLE (\$1000-\$4999)

Anonymous (32) Frank Abbott Paul Atterton Brian K. Begert Roberta Lando Beiser Jill Boileau Kathryn Bonitz Barry & Mary Bowen Todd Brown Eric Carlson **Emily Chadwick** Craig Chisholm Louise Corbeil Wilbur & Yvonne Couling Pamela J. Cowan

Rob & Laura Cruickshank

Marlene Dick Irene Dougans Victor Dyck

Ralph & Linda Emsland Murray & Carol Firth Jean H. Flintoft Matthew Freeman Abe & Lillian Friesen Beverly & Kenneth Gelhorn Janice & Terry Gibbon Brian W. Gillespie Tony Dawson Kenneth Hamlin & Anton Tabakov Catherine & Gary Harasym Carolyn Harper Margaux M. Hennebery Eileen Hillyard Mark & Angela Hutchinson Ruth & Donald James Darlene Koller Ruth & Alf Konrad

Patti Leggett Marna Leslie Roberta & Angus Leslie Marian Lewis-Peel Robin Louis Diane Marsh Mary E. Martin Bill Mathieson & Meg Clarke

Brian Maunder Barry & Barbara McBride Alan & Holly Meadows Dorothy Mills Doug & Brenda Morris Margaret E. Mutch Joseph Negraeff

Robin & Judith Nelson Joan Nielsen Alison Norman & Brian Pollard Marilyn & Darcy Olson

Jacqueline Ordronneau Jane Osterloh Lorna Patterson Paul Pearlman & Stephanie Soulsby Leslie Pearson Iris Pierrot Vicki & Rory Polson Adam Rich Ted Rich Gennine Richardson David & Elaine Rickards Claire Finch & Steve Russell The Sangha Family Andrew Scott & Katherine Johnston Nancy Segsworth

John Sheehan Theresa Sheehan & Terry Ellis Laird & Annalee Siemens

Christopher Silvan Alberta V. Sirosky Bernice & Michael Smerdon James Smerdon & Deana Grinnell-Smerdon Martti Solin Birte Sorensen Laurie Stovel Carey & Tim Struch Dr. Jennifer L. Takahashi Tiffany Taylor Garry & Cheryl Toop John van Dongen Monica & Gary Vaughn Erika & Daniel VonBank Andrea West Stan & Tilly Wiebe Daryl Wile

Sherri & Julian Zelazny

#### INDIVIDUAL TULIP CIRCLE (\$500-\$999)

Maureen Legg

Anonymous (101) Rob Aird Raymond & Doreen Alleyn Clifford & Carol Anderson Wayne & Patricia Babcock Georgina Beddome Jean Blake Sheryl Bolton Susan Borthwick Evelyn Bowersock Sylvia & Peter Bull David & Debbie Couling Brenda Dalawrak Evelyn Davis Johnson Tony Dawson

Bruce & Delight Dobby Scott & Judy Drever Marjorie & John Ewacheski Nigel & Joan Fitzpatrick Todd Follett Lorne Goldman Steve & Lynda Grisack Sandra Harrison Deborah & Garry Hartley Hugh Hemphill Katharine Hennebery Katharina Huang Chris Huff Janice Hulse Peter M. Jarvis

Arne & Pauline Johansen Pat & Bryan Kassa Jeff & Wendy Keeble Sherry Kennedy John King John Kot David & Julie Lloyd Barbara Lockyer Keith & Betty Ann MacInnes Jonathan Mackin Ronald MacRae Eileen Mate Shirley McGillivray Max & Margrit Meier Ben & Dorothea Meulenbeld

Roger & Dominique Miller Ernest & Janis Molgat Dwight & Heather More Nick Nuraney Fumiko Oguchi-Chen Rendy & Brian Olthuis James H. Patterson & Lauren David Probst Doug & Lana Pulver Dr. Allan Quigley Deborah & Dave Ralston Dr. Karla Reimer Patricia Rickards Ed Silva Joan & Richard Smyth

Kathleen So Marc St. Arnault Barry Taylor Carole Taylor C. Ann Thomson Jasdeep Uppal Idonio Villani Ulrika Wallersteiner Maire & Duncan Watson Bryan White & Glennis Davidson-White Max Whitney Malcolm Whittall Paul & Cindy Wiebe Faye Wong

#### ORGANIZATION LEADERSHIP CIRCLE (\$5000+)

A&W (Newton/Strawberry Hill, Cloverdale, Surrey/Glenlyon & Burnaby) Aldor Acres Ltd. Aqueduct Foundation

Corus Entertainment Eagle Family Fund Frances A. McClean & Charles J. McNeelv. Jr. IMP Fund. held at Vancouver Foundation

Georgia Main Food Group Jakobsen Foundation Lewis Family Fund, held at Nicola Wealth Private Giving Foundation

Parke Pacific Projects Ltd. Raven Foundation River Foundation Sonrise Foundation

Stingray Radio Inc. (Kamloops) Telus Fully Managed The Alan & Doreen Thompson Charitable Foundation

#### **ORGANIZATION** BENEFACTORS CIRCLE (\$1000-\$4999)

Foundation Better World Fund, held at Vancity Community Foundation Bond Repro Boyer-Millar Foundation Carole & David Muller Family Fund, Lodge #1552 held at Vancouver Foundation

**BC** Interior Community

Commonwealth Holding Co. Ltd. Fraternal Order of Eagles Ladies Auxiliary No. 4281 Kamloops Parkinson's Awareness Group Loyal Order of Moose

Mel & Geri Davis Charitable Trust

Neijmeijer Pappa Foundation Pattison Media (Prince George) Pekarsky Family Foundation Pure Country 105.7 (Vernon) **RBC** Foundation Royal Canadian Legion Branch No. 81

Salmo & District Health Care **Auxiliary Society** Smythe LLP **TELUS** Telus Foundation TELUS Friendly Future Foundation

The Fograscher Family Fund, held at Nicola Wealth Private Giving Foundation Werner & Helga Hoing Foundation William F. White International Inc. Wilson M. Beck Insurance Services Inc.



## Parkinson SuperWalk returns the weekend of September 6 & 7, 2025

Parkinson SuperWalk is the largest fundraising event for Parkinson Society British Columbia. Each year, thousands of participants walk together in communities across the country to raise awareness, build community, and fund critical programs, services, and advocacy efforts for people affected by Parkinson's disease.

#### IN-PERSON WALKS ARE PLANNED IN:

- 100 Mile House
- Abbotsford
- Chilliwack
- Kamloops
- Kelowna
- Mid Island (Parksville & Nanaimo)

- New Westminster
- Pitt Meadows/Maple Ridge
- Prince George
- Vancouver
- Vernon
- White Rock/Surrey

#### Registration opens in June

Learn more at www.parkinson.bc.ca/superwalk





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Fax: 604-608-3311

www.parkinson.bc.ca

**Charitable Registration Number** 11880 1240 RR0001

