

**JEANETTE FISHER PYNN**  
PERSON WITH PARKINSON'S

Jeanette Fisher Pynn underwent Deep Brain Stimulation surgery for Parkinson's disease in 2023. The results of the surgery have significantly improved her quality of life, including allowing her to return to running.



## Our Mission

Empower people with Parkinson's in British Columbia through providing resources and services to enable self-management, self-reliance, and self-advocacy.

## What is Parkinson's Disease?

Parkinson's disease is caused by a loss of dopamine in the brain and is the second most common chronic neurodegenerative disorder after Alzheimer's disease. Both motor and non-motor symptoms may be experienced, such as tremor, rigidity, slowness of movement, difficulty with speech, sleep disturbance and mood disorders.

*There is currently no known cure.* It is estimated that there are approximately 17,500 individuals living with Parkinson's in British Columbia. Experts predict that the incidence of Parkinson's will double by 2040. While the vast majority of people with Parkinson's are over 60, 20% are diagnosed before the age of 50 and many are in their 30s and 40s.

# Dear Friends of Parkinson Society BC,

As we reflect on the past year, we are both proud and inspired by the progress we have achieved together for the Parkinson's community in British Columbia. Through strategic initiatives and dedicated efforts, we have made strides in enhancing care, support, and advocacy for those affected by Parkinson's disease. As the Chief Executive Officer (CEO), Jean Blake, and Board Chair, Andrew Davenport, we wish to highlight these accomplishments and outline our vision for the future.

## ADVANCEMENTS IN HEALTHCARE SUPPORT

This year saw remarkable advancements in the funding and support for several Allied Healthcare Professionals (AHCPs), directly impacting the quality of care for individuals with Parkinson's. The successful pilot projects, which were spearheaded by Parkinson Society BC, have led to sustainable funding commitments from the Interior and Island Health Authorities. This achievement marks a significant step forward in providing comprehensive care and underscores the importance of multidisciplinary approaches in treating Parkinson's disease.

Additionally, the recruitment of a second neurosurgeon, Dr. Stefan Lang, signifies a major milestone in addressing the critical wait times for Deep Brain Stimulation (DBS) surgeries. This development not only improves access to essential treatment but also represents a triumph of patient advocacy and a commitment to health equity.

## EXPANSION OF PROGRAMS AND SERVICES

In our continuous effort to enhance patient support, we have introduced assigned intensity levels to our exercise programs. This ensures that individuals can engage in activities that are appropriate for their fitness level, fostering a safer and more effective approach to physical well-being.

Last year, we announced the combination of our Counselling & Healthcare Navigation service. This integrated approach includes a registered clinical counsellor and a registered social worker, offering comprehensive support through three pathways: Short-Term Psychotherapy, Psychoeducation, and Healthcare Navigation. This holistic service is designed to address the emotional, educational, and practical healthcare needs of individuals and families navigating Parkinson's disease, provided free of charge. By consolidating these services, we aim to offer a more cohesive and accessible support system for our community.

## ACKNOWLEDGEMENTS AND REFLECTIONS

As Jean Blake prepares for retirement, we take this opportunity to reflect on a decade of service, growth, and shared experiences within the Parkinson's community. We are deeply grateful for the dedication and support of our volunteers, donors, staff, and the wider community, whose contributions have been instrumental in our achievements. These include the doubling of DBS surgeries, securing Duodopa coverage through BC's Ministry of Health, and the establishment of support for movement disorder clinics, among others.

## LOOKING AHEAD

While we celebrate our accomplishments, we recognize the ongoing challenges and the need for expanded care, innovative therapies, and continued advocacy. With the support of our community, we are confident in our ability to make further strides in improving the lives of those affected by Parkinson's disease in British Columbia.

We thank you for your continued support and commitment to Parkinson Society BC. Together, we will continue to make a significant impact in the lives of those navigating Parkinson's disease.

With gratitude,



Jean Blake CEO



Andrew Davenport BOARD CHAIR



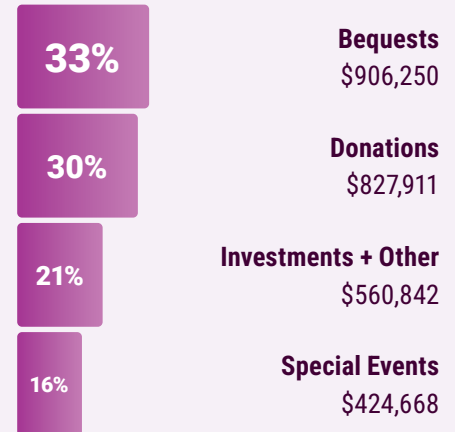
# Message from Finance Committee

## Our Picture of Financial Accountability

To view a copy of our audited 2023 Financial Statements, please visit [www.parkinson.bc.ca](http://www.parkinson.bc.ca).

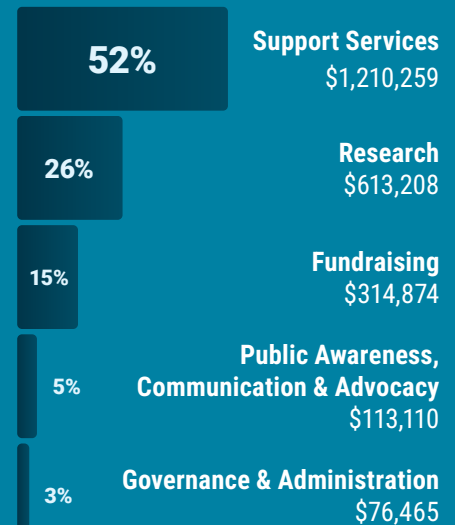
## Revenue

### 2023



## Expenses

### 2023



The Society enters 2024 with reserves equal to 18 months of its historical expenses, which provides the Board with further opportunity to actualize our strategic priorities. The Board continues to review opportunities to further increase the Society's impact and reach throughout BC.

# Special Thanks to Our Supporters



**Note:** We strive to ensure that each name is appropriately listed and spelled. Please let us know if we have made an error so we may correctly recognize you in the future. (\* denotes deceased as at publication)

## Individual Leadership Circle \$5,000+

Anonymous (5)  
Dorothy and Albert Anderson  
Jill B. Boileau  
Linda Leslie  
Chris Vollan

## Legacy Gifts Generous Estate Contributions

Richard James Claringbull  
Myrna Ellen Doricich  
David Haley  
Violet May Henderson  
Melvin Anthony Huisman

Margo Louise Jakobsen  
Sonia Maxine McLennan  
Victor Gordon Cameron Neil  
Margaret Leona Taylor  
Thomas John Kenneth Thompson

## Individual Benefactors Circle \$1,000+

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Dr. K. David Reich and Family  
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Laird and Annalee Siemens  
Christopher Silvan  
Alberta V. Sirosky  
Bernice and Michael Smerdon  
Joan and Richard Smyth  
Peter and Gabriele Stojak  
Laurie Stovel  
Dr. Jennifer L. Takahashi  
Garry and Cheryl Toop  
Malcolm Whittall  
Stan and Tilly Wiebe  
Sherri and Julian Zelazny

## Individual Tulip Circle \$500+

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Rob Aird  
Dean Alexander  
Raymond & Doreen Alley  
Clifford & Carol Anderson  
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Peter & Marie Baigent  
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Sheryl Bolton  
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Linda Bruder  
Mark & Susan Bullock  
Stephen Carlman  
IMPACT Parkinson's  
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In Memory of Carlo Mancini  
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James H. Patterson & Lauren Kwan  
Iris Pierrot  
David Probst  
Dr. Allan Quigley  
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Jack & Ann Thomson  
Jasdeep Uppal  
Monica & Gary Vaughn  
Phil Wakefield  
Ulrika Wallerstein  
Val Walters  
Maire & Duncan Watson  
Bryan White & Glennis Davidson-White  
Max Whitney  
Robert Wiens  
Daryl Wile  
Faye Wong  
Catherine Wyse

## Organization Leadership Circle \$5,000+

A&W (Newton/Strawberry Hill, Cloverdale, Surrey/Glenlyon, & Burnaby)  
Aqueduct Foundation  
Bell Media  
Blake, Cassels & Graydon LLP  
BMC Networks Inc. Technology Services

BMO  
Corus Entertainment Inc.  
Falcon Foundation  
Harken Towing  
Jakobsen Foundation via Strategic Charitable Giving Foundation

Lewis Family Fund, held at NWM Private Giving Foundation  
Parke Pacific Projects Ltd.  
Provincial Employees Community Services Fund  
Raven Foundation

River Foundation  
Stingray Group  
The Alan and Doreen Thompson Charitable Foundation

## Organization Benefactors Circle \$1,000+

1173461 BC Ltd.  
2725380 Canada Inc.  
Air Canada Foundation  
Anthem Capital Corp.  
Anytime Fitness West End  
Beaver Valley Lions Club  
Bond Repro  
Coast Capital Savings (Help Headquarters)  
Eagle Family Fund, held at Nicola Wealth Private Giving Foundation

Fograscher Family Fund, held at Nicola Wealth Private Giving Foundation  
Fraternal Order of Eagles Cranbrook Aerie No. 3032  
Inner City Diesel  
Kamloops Parkinson's Awareness Group  
Loyal Order of Moose Lodge #1552  
McElhanney Ltd.  
Me-n-Ed's Enterprises Canada Ltd.  
Carole & David Muller Family Fund, held at Vancouver Foundation

North Kamloops Unit 290 Holding Society  
Odlum Brown Ltd.  
Omineca Fabricating  
Pekarsky Family Foundation  
Neil & Deborah Reiner Fund, held at Nicola Wealth Private Giving Foundation  
Royal Canadian Legion #88 Ladies Aux.  
Sparwood Hose & Fittings  
St. Francis Xavier School  
Teck Coal Ltd.

TELUS  
TELUS Friendly Future Foundation  
UBC Project PATHS  
Wells Fargo Equipment Finance Co.  
Werner and Helga Hoing Foundation  
Whites Location Equipment Supply Inc.  
Wilson M. Beck Insurance Services Inc.



# Our Year in Review 2023

## THANK YOU TO OUR VOLUNTEERS

# 3,456+

Hours Provided to Support the Society's Programs, Services, Advocacy, and Fundraising



Registration volunteer at Parkinson SuperWalk 2023 in Vancouver, BC

## FUNDRAISING

# \$358,940

Raised for Superwalk

# PARKINSON SUPERWALK®

## LEGACY GIFTS



# \$827,911

Given from the Estates of Ten Individuals



Allie Saks leading warm-up exercises prior to the 2023 Superwalk in Vancouver, BC

## PD Connect®

# 125

Referrals from Healthcare Professionals through our PD Connect® Program

## CONSULTATION + INQUIRIES

# 1,830

Information and Referral Inquiries

# 149

In-Depth Consultations

## COUNSELLING

# 678

Hours

# 129

New Clients



2

Held two PD Warrior Training Courses for 32 Healthcare Professionals

5

Hosted five in-person Conferences and Workshops



PD Warrior certification training September 2023 in Kelowna, BC



Alana Dhillon at our Kelowna Regional Conference

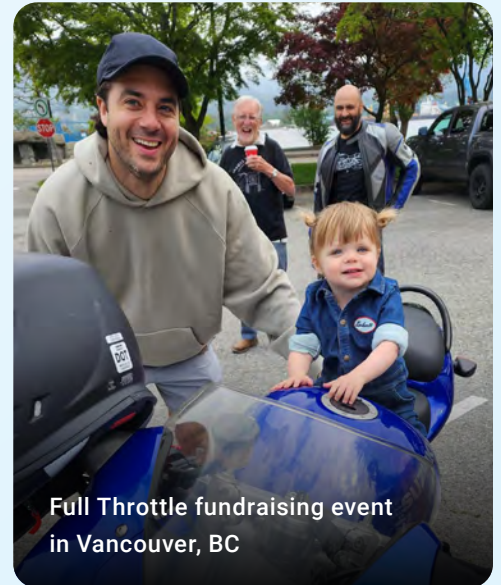
PHYSIOTHERAPY

233

Virtual Hours

46

New Clients



Full Throttle fundraising event in Vancouver, BC



Superwalk 2023 in 100 Mile House, BC



Superwalk 2023 in Vancouver, BC

WEBINARS

168

Exercise, Activity, and Education Webinars

2,526

Participants Served

## Board of Directors

Andrew Davenport  
CHAIR

Dave Rickards  
VICE CHAIR

Sherri Zelazny  
SECRETARY

Martie Rose Mendoza  
TREASURER

Mark Hutchinson  
DIRECTOR

Arne Johansen  
DIRECTOR

Sean Lee  
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Bill Mathieson  
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Richard Mayede  
DIRECTOR

James Patterson  
DIRECTOR

Cec Primeau  
DIRECTOR

Elisabeth Sadowski  
DIRECTOR

Jim Wu  
DIRECTOR

Martin McKeown  
MEDICAL ADVISOR

## Our Staff

Jean Blake  
CHIEF EXECUTIVE OFFICER

Alana Dhillon  
MANAGER, EDUCATION &  
SUPPORT SERVICES

Shelly Yu  
EDUCATION & SUPPORT  
SERVICES COORDINATOR/  
PHYSIOTHERAPIST

Jessica Chow  
PHYSIOTHERAPIST

Alexandra Hernandez  
EDUCATION & SUPPORT  
SERVICES COORDINATOR

Kelly Felgenhauer  
EDUCATION & SUPPORT  
SERVICES COORDINATOR

Courtney Doherty  
COUNSELLOR

Tricia Wallace  
COUNSELLOR

Corrina Masson  
SOCIAL WORKER

Madelaine Ross  
COUNSELLOR

Alicia Wrobel  
SENIOR MANAGER,  
RESOURCE DEVELOPMENT  
& COMMUNICATIONS

Mirela Prime  
MARKETING &  
COMMUNICATIONS SENIOR  
COORDINATOR

Nadia Ali  
MARKETING &  
COMMUNICATIONS  
COORDINATOR

Meghna Powani  
MARKETING &  
COMMUNICATIONS  
COORDINATOR

Domenica Kozy  
SPECIAL EVENTS &  
FUNDRAISING OFFICER

Susan Atkinson  
DONOR & MEMBER  
SERVICES COORDINATOR/  
OFFICE MANAGER



Vancouver 2023

# PARKINSON SUPERWALK®

## Save the Date!

Parkinson SuperWalk will return  
to British Columbia the weekend of  
**September 7 & 8, 2024**

For more information and to register, visit:

[parkinson.bc.ca/superwalk](https://parkinson.bc.ca/superwalk)



**Phone:** 604-662-3240  
**Toll Free:** 1-800-668-3330  
**Fax:** 604-687-1327

 @ParkinsonsBC  
 @ParkinsonSocietyBritishColumbia  
 @ParkinsonSocietyBC

**Charitable Registration Number:**  
11880 1240 RR0001

Suite 600-890 West Pender St,  
Vancouver, BC V6C 1J9

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