

LARRY, HENRY, AND REBECCA GIFFORD

LARRY WAS DIAGNOSED WITH YOUNG
ONSET PARKINSON'S DISEASE



Our Mission

Empower people with Parkinson's in British Columbia through providing resources and services to enable self-management, self-reliance, and self-advocacy.

What is Parkinson's Disease?

Parkinson's disease is caused by a loss of dopamine in the brain and is the second most common chronic neurodegenerative disorder after Alzheimer's disease. Both motor and non-motor symptoms may be experienced, such as tremor, rigidity, slowness of movement, difficulty with speech, sleep disturbance and mood disorders. There is currently no known cure.

It is estimated that there are approximately 15,000 individuals living with Parkinson's in British Columbia. Experts predict that the incidence of Parkinson's will double by 2040. While the vast majority of people with Parkinson's are over 60, 20% are diagnosed before the age of 50 and many are in their 30s and 40s.

Executive Message

At Parkinson Society British Columbia, we know just how challenging this time has been for our community. Thanks to your generous support, here are some of the ways we are working to support our community:

- To help better navigate the support services and resources available, we increased our availability for information and referral consultations via phone and email. We also expanded our counselling service to accommodate more clients.
- Our educational events continued to be provided online; however, as provincial health guidelines allowed, we will provide some of our programs in person again.
- Offering new webinars every week, featuring expert speakers on topics like mindfulness, and self-management. We want to make sure our community stays informed and engaged in their Parkinson's care.
- Keeping our community socially connected by helping our support groups transition to phone and video chat meetings, and through initiatives like drumming and singing, and our hobby series.
- To help our community stay active, we offer a range of exercise programs.
- We updated our website with information on COVID-19 and supports available to the PD community during the outbreak. We provided resources for frequently asked questions, mental health and wellness tips, event and program listings, and online resources.
- Funding three projects on genetics and stem cell research through the Michael Smith Foundation for Health Research in BC, receiving their matching funding to double these research dollars.
- We also funded research, through Parkinson Canada's (PC) national research program including projects examining issues like freezing of gait, swallowing issues, gene therapy, and neuroimaging.

By supporting Canadian researchers to undertake leading edge research in Parkinson's disease, you are helping to work towards a cure and improved care.

Thank you for helping Parkinson Society British Columbia do even more than ever for British Columbians suffering from Parkinson's disease. Together we can unlock the mysteries of Parkinson's disease and find a cure.

Signed,



Jean Blake
CEO



Andrew Davenport
CHAIR

Message from Finance Committee

The Statement of Financial Position for the year ended December 31, 2021 presents very healthy working capital with current assets significantly exceeding current liabilities. The Society's investment portfolio now has a market value of \$4,353,000 (2020 \$3,849,000) and generates modest returns.

Overall, the 2021 Statement of Revenue and Expenses presents an excess of revenue over expenses of \$507,000 compared to the 2021 budget that was approved with a planned deficit of \$630,000. Fundraising revenue, excluding bequests was \$1,083,000 and continues to be an important part of PSBC's financial well-being. We are grateful for the continued commitment and support of our event participants, volunteers, donors, and sponsors especially during this unprecedented time.

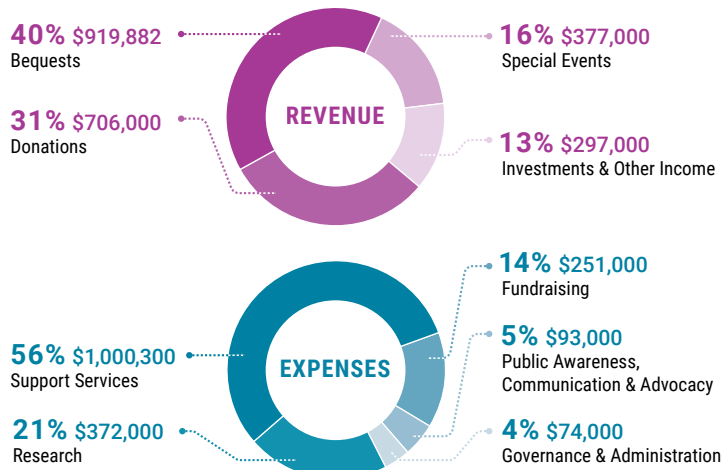
During 2021, the Board continued to invest in an innovative approach to advocacy by providing incentive funding to two health authorities for provision of a team approach in the Victoria and Kelowna Movement Disorder Clinics and began a similar investment with Vancouver Coastal Health Authority for the UBC Movement Disorder Clinic, adding a part time Occupational Therapist and part-time Speech Therapist. We are investing \$500,000 over five years (2020 – 2024; 2021 – 2026) to improve care in each of these health regions.

As well, we have committed to investing a \$455,000 in research in 2022 with additional commitments through to 2026. While we continue to fund research through the Parkinson Canada Research Program, we also partner with the Michael Smith Foundation for Health Research (MSFHR), which matches our research contributions.

The Society enters 2022 with reserves equal to 24 months of its historical expenses, which provides the Board with further opportunity to actualize our strategic priorities. The Board continues to review opportunities to further increase the Society's impact and reach throughout BC.

Our Picture of Financial Accountability

To view a copy of our audited 2021 Financial Statements, visit www.parkinson.bc.ca



Special Thanks to Our Supporters

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- Rita Koehler
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- John Peirce and Nancy Hetherington-Peirce
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- Garry and Cheryl Toop
- Drew Urquhart

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- Monica and Gary Vaughn
- Judy Vogt
- Christopher Vollan
- June and Phil Wakefield
- Ulrika Wallersteiner
- Val Walters
- Marie and Duncan Watson
- In memory of George Watteyne
- Max Whitney
- Malcolm Whittall
- James Wiggins
- Stuart and Catherine Wyse

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- A&W (Newton/Strawberry Hill/ Cloverdale, Surrey/Glenlyon, and Burnaby)
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- HANB Family Foundation
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- Lewis Family Fund, held at NWM Private Giving Foundation
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- TELUS
- The Alan and Doreen Thompson Charitable Foundation
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- Pacific Parkinson's Research Centre
- RBC Foundation
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- Trilean Pork Ltd
- Vernon Golf & Country Club
- Werner and Helga Hoing Foundation
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- Estate of Marilyn Jean Angus
- Estate of Myrna Ellen Dorich
- Estate of Erna/Dorotich
- Estate of Elizabeth Fast
- Estate of Allan Raymond Greener
- Estate of Violet May Henderson
- Estate of Rita Jo-Ann Johnston
- Estate of Peter Pulos
- Estate of Elizabeth Anne Smith
- Estate of Olga Yakimovich

Note: We strive to ensure that each name is appropriately listed and spelled. Please let us know if we have made an error so we may correctly recognize you in the future.

Our Year in Review

85



referrals from healthcare professionals through our PD Connect program

350



attendees at our virtual provincial conference, Moving Forward, Together

186



exercise, activity, and education webinars serving 4,635 participants*

*Total webinars including those that were part of a series.

\$295,020

raised for Parkinson SuperWalk



\$919,882

given from the estates of six individuals



2,566

information and referral calls and emails



802

hours of counselling

100

new counselling clients



147

in-depth consultations

Other Achievements



Introducing a bereavement support group for caregivers



Supporting those with that have limited access to, or knowledge of, technology by offering resources by mail



Development of a new exercise booklet specifically for people with Parkinson's



Hosting virtual open houses for the community that provide an overview of the programs & services offered by the Society



Launch of the new virtual physiotherapy consultation service



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**PARKINSON
SUPERWALK®**

Save the Date!

Parkinson SuperWalk will return to British Columbia the weekend of **September 10 & 11, 2022**

For more information and to register, visit:

parkinson.bc.ca/superwalk



Phone: 604-662-3240

Toll Free: 1-800-668-3330

Fax: 604-687-1327

Suite 600-890 West Pender Street,
Vancouver, BC V6C 1J9

Charitable Registration Number:
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