



Our Mission

Empower people with Parkinson's in British Columbia through providing resources and services to enable self-management, self-reliance, and self-advocacy.

HILARY, 27, WHITE ROCK
DIAGNOSED WITH YOUNG ONSET PARKINSON'S DISEASE

What is Parkinson's Disease?

Parkinson's disease is caused by a loss of dopamine in the brain, and is the second most common chronic neurodegenerative disorder after Alzheimer's disease. Both motor and non-motor symptoms may be experienced, such as tremor, rigidity, slowness of movement, difficulty with speech, sleep disturbance, and mood disorders.

There is currently no cure. It is estimated that there are approximately 13,000 individuals living with Parkinson's in British Columbia. Experts predict that the incidence of Parkinson's will double by 2040. While the vast majority of people with Parkinson's are over 60, 20% are diagnosed before the age of 50, and many are in their 30s and 40s.

Board of Directors

ANDREW DAVENPORT Chair

DAVE RICKARDS Vice Chair

COLIN MACBEATH Past Chair

BOB THOMPSON Secretary

CATHERINE HSU Treasurer

MICHELLE BOURBONNAIS Director

RICHARD MAYEDE Director

JAMES PATTERSON Director

CEC PRIMEAU Director

ELISABETH SADOWSKI Director

SHERRI ZELAZNY Director

MARTIN MCKEOWN Medical Advisor



Telephone: 604-662-3240
Toll Free: 1-800-668-3330
Fax: 604-687-1327

Suite 600 – 890 West Pender Street
Vancouver, BC V6C 1J9

www.parkinson.bc.ca



@ParkinsonsBC

Charitable Registration Number 11880 1240 RR0001

Our Staff

JEAN BLAKE
Chief Executive Officer

STACEY DAWES
Manager, Education & Support Services

ALICIA WROBEL
Manager, Marketing,
Communications & Events

CAROLINE WIGGINS
Education & Support Services
Senior Coordinator

MYRIAME LÉPINE LYONS
Education & Support Services Senior
Coordinator / Counsellor

JACLYN WILLEMS
Education & Support Services
Coordinator

AMY MA
Education & Support Services
Coordinator

COURTNEY DOHERTY
Clinical Counsellor

BETTY HUM
Resource Development Officer

AMANDA MCCULLEY
Marketing & Community
Engagement Specialist

JOVANA VRANIC
Marketing & Communications
Coordinator

MIRELA PRIME (DZAFEROVIC)
Resource Development &
Volunteer Coordinator

RAV KAMBO
Major Gifts & Individual Giving
Development Officer

SUSAN ATKINSON
Donor & Member Services
Coordinator / Office Manager

PARKINSON SUPERWALK®

Save the Date!

Parkinson SuperWalk
will return to British Columbia
the weekend of
September 7 & 8, 2019.

For more information and to register,
visit: www.parkinson.bc.ca/superwalk



Executive Message

In 2018, we were pleased to have witnessed impact in our community, made possible through education, advocacy, and a strong online presence. We continued to inform our decisions by building and maintaining connections with the variety of individuals that rely on us, including carepartners, families, people with Parkinson's disease, and healthcare professionals.

Highlights from 2018 include:

Providing training for 37 allied healthcare professionals from across BC to expand their knowledge of Parkinson's and appropriate therapies, as well as establish a connection with the Society

Expanding our counselling program to provide people with Parkinson's and their loved ones with extra support to process emotions, overcome challenges, and problem solve

Publishing a new resource, *A Comprehensive Guide for Parkinson's Caregivers*, which addresses the many aspects of providing support to a person with Parkinson's, as well as tools for self-care

Implementing *PD Connect*, a program providing healthcare professionals with the tools to refer people with Parkinson's, and their families, to support services available through the Society

Advocating for the expansion of the Deep Brain Stimulation program in British Columbia, which included working with media, and the creation of a petition that collected over 21,000 signatures

Continuing to fund leading-edge research through the *Michael Smith Foundation for Health Research*, and the *Parkinson Canada Research Program* to improve understanding, treatment options and search for a cure

Looking forward to 2019, as we celebrate our 50th anniversary, we reflect on the many accomplishments that have been made possible by you. Thank you for putting your trust in us to serve the needs of the Parkinson's community.

Signed,



Andrew Davenport CHAIR



Jean Blake CEO

Finance Committee Report

The Statement of Financial Position for the year ended December 31, 2018 presents healthy working capital with current assets significantly exceeding current liabilities. The Society's investment portfolio with a market value of \$1,409,306 continues to generate modest returns.

Overall, the 2018 Statement of Revenue and Expenses presents an excess of revenue over expenses of \$393,294 compared to the 2018 budget that was approved with a planned deficit of \$330,730. This excess reflects the receipt of an unanticipated bequest of \$700,000. Fundraising revenue, excluding bequests, also increased in 2018 to \$1,012,726 from \$978,416 in 2017, and continues to be an important part of PSBC's financial well-being. We are grateful for the continued commitment and support of our event participants, volunteers, donors, and sponsors.

During 2018, the Board invested in additional education and support services to extend our reach, increase our impact, and improve quality of life for people affected

by Parkinson's disease in BC. This included hosting a number of Communication & Swallow Workshops across the province, which continue to assist people with Parkinson's in managing communication and swallowing challenges in the absence of qualified speech-language pathologists.

Notably, we have already committed to investing a minimum of \$482,666 in research from 2017 through 2023, including \$138,417 in 2018. While we continue to fund research through the Parkinson Canada Research Program, we recently entered into a partnership with the Michael Smith Foundation for Health Research (MSFHR), which matches our research contributions.

The Society enters 2019 with reserves equal to 15 months of its historical expenses, which provides the Board with further opportunity to actualize our strategic priorities. The Board is reviewing opportunities to further increase the Society's impact and reach throughout BC.

Our Picture of Financial Accountability



● BEQUESTS	\$775,634	(43%)
● SPECIAL EVENTS	\$585,641	(32%)
● DONATIONS	\$427,085	(23%)
● INVESTMENTS & OTHER INCOME	\$30,002	(2%)



● SUPPORT SERVICES	\$525,749	(37%)
● FUNDRAISING	\$488,188	(34%)
● PUBLIC AWARENESS, COMMUNICATION & ADVOCACY	\$206,366	(14%)
● RESEARCH	\$138,417	(10%)
● GOVERNANCE & ADMINISTRATION	\$66,348	(5%)

To view a copy of our audited 2018 Financial Statements, please visit www.parkinson.bc.ca.

Our Year in Review



Celebrated our 20th Communication and Swallow Workshop being held

37

Allied healthcare professionals received scholarships to attend the Allied Team Training for Parkinson's (ATTP)



OVER **500**

Brochures & helpsheets downloaded monthly from our website

14%

Growth in our social networks, Facebook and Twitter

50

An icon of two stylized human figures with a plus sign, representing referrals.

Referrals made through our new PD Connect Program

\$446,935



Raised by over 20 communities at Parkinson SuperWalk



A&W FLOAT DAYS ON AUGUST 19, 2018



42%

Increase in major gifts

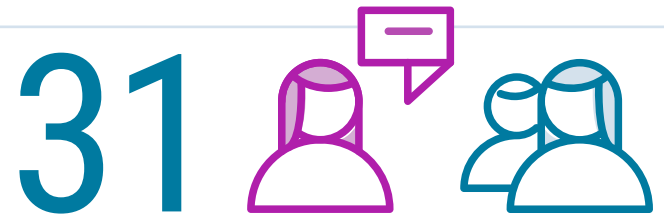




EMILY CHAMBERS, BARRY CHAMBERS & KATE THOMAS (CHAMBERS) AT SHAKE, SHAKE, SHAKE



47 Carepartners and/or people with Parkinson's attended our Time Out for Carepartners workshops



31 In-service presentations were offered to people with Parkinson's and healthcare professionals



12 Webinars hosted with a total of **458** Participants



157 People were trained on treatment techniques at our Communication & Swallow Workshops

328



Individuals attended our 6 Community Talks across the province

\$775,634



received from individual estates

622

Copies of our new Comprehensive Guide for Parkinson's Caregivers were distributed



2,390

Individuals have connected one-on-one with our support services team for information and referrals



VANCOUVER SUPERWALK

Special Thanks to Our Supporters

Note: We strive to ensure that each name is appropriately listed and spelled. Please let us know if we have made an error so we may correctly recognize you in the future.

INDIVIDUALS Leadership Circle **\$5,000 or more**

- Anonymous (2)
- Dorothy W. MacDonald
- Shelley Schreyer and Cory Walsh

INDIVIDUALS Benefactors Circle **\$1,000 - \$4,999**

- Anonymous (13)
- Primrose Anderson
- Peter and Marie Baigent
- Mark Betteridge
- Barbara Bilisland and Daniel Gumprich
- Stephen and Kathy Coleopy
- Patricia Craig
- Mary Craig and Paul Heraty
- Ben Davies
- Linda Dawson
- Elzo and Lynn deVries
- Bruce and Delight Dobby
- Joyce and Alexander Douglas
- Victor Dyck
- Dr. Roger and Dr. Marjorie Eamer
- M. Travis and Jacquie Eby
- Ralph and Linda Emsland
- Frank Fallows and Family
- Claudine Fournier
- Matthew Freeman
- Abe and Lillian Friesen
- John Gilmour
- Alan and Marjorie Grinnell
- Cheryl and David Hardie
- Richard Haschke and Jacqueline Ordonneau
- Don and Ruth Henderson
- Allan and the Late Margaret de Grace Hepburn*
- Rod and Janice Hobbs
- John Johnson and Eva Maria Moser
- Roberta Jordan
- Ingrid and Juergen Kahl
- Maureen Legg
- Murray Leith
- Linda Leslie
- Roberta and Angus Leslie
- Marna Leslie
- Tanya Lesstrange
- Philip and Cecilia Li
- John and Mary Manuel
- Diane Marsh
- Sandy and Ellen McCurrach
- Alan and Holly Meadows
- Jim and Carol Mercier
- Mary Lou and Alan Mile
- Adrian Millington
- Margaret E. Mutch and James Patterson
- Michael and Carol Nedham
- Robin and Judith Nelson
- Bob Oliver
- The Late Isabelle Emily Price*

- David and Elaine Rickards
- Laird and Annalee Siemens
- Carolyn and David Simmons
- Bernie and John Smerdon
- Mike, Melissa and Caroline Smerdon
- Suzanne Stothers
- Eva and Eric Stuehmer
- John and Gilberte Thompson
- Garry and Cheryl Toop
- Tracey and Anibal Valente
- Christopher Vollan
- Erika and Daniel VonBank
- Carl A. Wagner
- Beulah Walsh
- Dan Wells
- Stan and Tilly Wiebe
- Robert J. Winkenhower
- James and Deborah Yeates
- Paul and Marguerite Zakus

**Represents generous individuals who gave during their lifetime and are now deceased*

INDIVIDUALS Tulip Circle **\$500 - \$999**

- Anonymous (32)
- Rob Aird
- Karin and William Arkinstall
- Barry and Georgina Beddome
- Sharon Berry
- Meena Bhoga
- Jean Blake
- Audrey Bourassa
- James and Evelyn Bowersock
- Colin and Susan Boyer
- Candy Brahm
- Beverly and George Brazier
- Don Butt
- Jennifer Calow
- Chris Cameron
- Peter Carfrae
- James Carpick
- Felicia Chen
- Meaghan Clarke
- Hugh Cooke
- Ryan Corpuz
- David and Debbie Couling
- Nancy Coutts
- Barbara Cox and William Reed
- Paul and Karen Degraaf
- Durwill Dennis
- Nancy Denofreo
- Sharon and Alexander Dyball
- Marg Elson
- Wendy Epp
- Jed Falk
- Meredith and Jenny Folkestad
- Sheila Gallagher
- Mike and Ae Ganske
- Gerald and Margo Gartner
- Ronald Gerrard
- Pam Gill
- Carolyn Gorman
- Tom Gradecak
- Gordon Green
- Gerad Hales
- Brent and Terry Hancock
- Margaret Hanson
- Grace Harling
- Helena Hiltz
- Bruce and Bernadette Hirtle
- Stephanie Hockley
- Diane Holroyd
- Joanne Houssian
- Ron and Linda Hoyer
- Lucille Huot
- Dougan Irwin & Associates Chartered Professional Accountants
- Curtis Jacob
- Jo-Ann Johnston
- Brian Johnston
- Rovin Karuna
- George Kerr
- Peter Khatkar
- Ravinder Khera
- Maureen King
- Ken Kleindienst
- Bill Koch and Margaret Kendrick
- Chris and Robert Kozakowski
- Edwin and Mary Krause
- David Leslie
- Anne and Brian Leslie
- Marian Lewis-Peel
- Barbara Lockyer
- Colin and Kate MacBeath
- Eileen Mate
- Bill Mathieson and Meg Clarke
- George and Patricia Mauch
- Cathy McArthur
- Barry and Barbara McBride
- Dorothy M. McCallum
- Nora McCallum
- Brian McConville
- Maria Melo
- Michael Menzies
- Roger and Dominique Miller
- Pamela and Roy Moor
- Anthony Muzzillo
- Cameron and Diana Neil
- Darren Nelson
- Emil Nenniger
- Mavis and Walter Norman
- Marilyn and Darcy Olson
- Peter O'Sullivan
- Gregory Parent
- Allan and Carole Parrish
- Helen Petre
- Iris Pierrot
- Bernie Plantz
- Douglas Prialux
- David R. Probst
- Brendan Quinn
- Dr. Karla Reimer
- Dr. Alan and Brenda Reynolds
- Noreen and Jim Rustad
- Paul Sander
- Jagpaal Sandhu
- Gurmit Sandhu
- Diana Satok and Christopher MacLean

- Brad and Tracy Schreyer
- Doris K. Shoemaker
- Robert and Alex Skelly
- Bill Smeaton
- James Smerdon and Deana Grinnell-Smerdon
- Richard and Joan Smyth
- Marc St. Arnault
- Janet Stuehmer and Richard Hutton
- Geoffrey Swannell
- Ashlie Sweenie
- Marg Taylor-Parfitt
- Case Van Diemen
- June Wakefield
- Dave Wall
- Catherine Winder
- Jeff Wright
- Hayley Yip
- Nachiko Yokota

LEGACY GIFTS

- Estate of Geraldine Biely
- Estate of Fay Winnifred Cornish
- Estate of Grace Harrison
- Estate of Thomas Alexander Klopp
- Estate of Serena Jane MacDonald
- Estate of Verdun Mahy
- Estate of Richard Austin Matthews
- Estate of Jessie McLennan
- Estate of Vivian S.A. Myers
- Estate of Vincent Schellekens
- Estate of Margaret Sturt-Smith

CORPORATIONS, COMMUNITY AND EMPLOYEE GROUPS, FOUNDATIONS AND SERVICE CLUBS Leadership Circle **\$5,000 or more**

- AbbVie Corporation
- Aldor Acres Ltd.
- Bell Media
- Black Press
- Blake, Cassels & Graydon LLP
- BMC Networks Inc. Technology Services
- Ex Nihilo Vineyards Okanagan Valley Inc.
- Frances A. McClean & Charles J. McNeely, Jr. IMP Fund, held at Vancouver Foundation
- Global BC
- Impark
- Lewis Family Fund, held at NWM Private Giving Foundation
- Me-n-Ed's Enterprises Canada Ltd.
- NL Broadcasting Ltd.
- Paladin Labs Inc.
- Parke Pacific Projects Ltd.
- Provincial Employees Community Services Fund
- Scotiabank
- Sunovion Pharmaceuticals Canada Inc.
- TELUS Communications Inc. Donor Advised Fund, held at the Canadian Online Giving Foundation
- The Alan and Doreen Thompson Charitable Foundation
- Vanbex Group
- Anonymous (2)
- A&W Restaurants, Newton & Strawberry Hill
- Art of the Party
- BC Hydro
- Bungay Law Office
- Bond Reproductions Inc.
- Cache Ventures Inc.
- Chan Family Foundation
- Connect Hearing
- Dave & Liz Brownlie in Memory of Barry Brownlie, held at NWM Private Giving Foundation
- Fraternal Order of Eagles Ladies Auxiliary No. 3453
- Fraternal Order of Eagles Vancouver Aerie No. 2075
- Gorman Bros. Lumber Ltd.
- Highland Mortgage Investment Corporation
- Holland America Line
- Kamloops Parkinson's Support Group
- Maathar Sangam Educational and Cultural Society of BC
- North Vancouver Host Lions Club
- OOPS Inc.
- Phillips Brewing & Malting Co.
- Pratt's Compounding Pharmacy Inc.
- RBC Foundation
- RONA Home & Garden Kelowna #488
- RONA Inc.
- Royal Bank of Canada Donor Advised Fund, held at the Canadian Online Giving Foundation
- Royal Bank of Canada, Kingsway & Nanaimo Branch Donor Advised Fund, held at the Canadian Online Giving Foundation
- Royal Canadian Legion Branch No. 88
- The Hamber Foundation
- UCB Canada Inc.
- Werner and Helga Hoing Foundation
- WestJet
- Whites Location Equipment Supply Inc.
- YVR Donor Advised Fund, held at the Canadian Online Giving Foundation