



Parkinson Society  
British Columbia

Annual Report

2019

**CHRIS & HAROLD, MAPLE RIDGE**

*CHRIS WAS DIAGNOSED WITH PARKINSON'S DISEASE IN 2002*

## What is Parkinson's Disease?

Parkinson's disease is caused by a loss of dopamine in the brain, and is the second most common chronic neurodegenerative disorder after Alzheimer's disease. Both motor and non-motor symptoms may be experienced, such as tremor, rigidity, slowness of movement, difficulty with speech, sleep disturbance, and mood disorders. There is currently no cure.

It is estimated that there are approximately 13,000 individuals living with Parkinson's in British Columbia. Experts predict that the incidence of Parkinson's will double by 2040. While the vast majority of people with Parkinson's are over 60, 20% are diagnosed before the age of 50, and many are in their 30s and 40s.

## Our Mission

Empower people with Parkinson's in British Columbia through providing resources and services to enable self-management, self-reliance, and self-advocacy.

# Board of Directors

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**ANDREW DAVENPORT** Chair

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**JAMES PATTERSON** Director

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**CEC PRIMEAU** Director

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**ELISABETH SADOWSKI** Director

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**SHERRI ZELAZNY** Director

---

**MARTIN MCKEOWN** Medical Advisor



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[www.parkinson.bc.ca](http://www.parkinson.bc.ca)



@ParkinsonsBC

Charitable Registration Number 11880 1240 RR0001

# Our Staff

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**JEAN BLAKE**  
Chief Executive Officer

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**ALICIA WROBEL**  
Senior Manager, Resource  
Development & Communications

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**STACEY DAWES**  
Manager, Education & Support Services

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**CAROLINE WIGGINS**  
Education & Support Services  
Senior Coordinator

---

**TRICIA WALLACE**  
Education & Support Services  
Coordinator / Counsellor

---

**AMY MA**  
Education & Support Services  
Coordinator

---

**COURTNEY DOHERTY**  
Education & Support Services  
Coordinator / Counsellor

---

**JUDY ZHU**  
Clinical Counsellor

---

**BETTY HUM**  
Resource Development Officer

---

**JOVANA VRANIC**  
Marketing & Communications  
Coordinator

---

**MIRELA PRIME (DZAFEROVIC)**  
Resource Development &  
Volunteer Coordinator

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**SUSAN ATKINSON**  
Donor & Member Services  
Coordinator / Office Manager



## PARKINSON SUPERWALK®

### Save the Date!

Parkinson SuperWalk will  
return to British Columbia

**September 12 & 13, 2020**

For more information and to register, visit:

[www.parkinson.bc.ca/superwalk](http://www.parkinson.bc.ca/superwalk)

# Executive Message

In 2019, we celebrated the 50<sup>th</sup> anniversary of the Society. With your help, we achieved many successes. In February, The Ministry of Health announced the doubling of Deep Brain Stimulation procedures from 36 to 72 annually, and the provision of budget for hiring a second neurosurgeon. We celebrated the announcement with the Honorable Adrian Dix (*BC's Minister of Health*), 29 members of the BC Legislature, Drs. Christopher Honey and Tara Rastin, and advocacy volunteers.

We engaged in conversations to increase our impact and reach with Interior Health and Island Health authorities. Contract negotiation continues into 2020; however, there has been positive progress in discussions to add allied healthcare staff, including, speech-language pathologists and physiotherapists, to existing movement disorder clinics. These positions will initially be funded by PSBC to help provide more holistic care to people living with Parkinson's disease.

## Our Progress in Empowering the Parkinson's Community:

Bringing together support group facilitators for a day-long training to expand knowledge of the disease, as well as provide tools for more effective group management

Successfully piloting an online exercise program aimed at reaching people in communities who have limited access to Parkinson's-specific exercise programming and/or who are homebound

Launching a weekly information kiosk staffed by PSBC at the Pacific Parkinson's Research Centre (PPRC)

Awarding travel scholarships to people affected by Parkinson's disease and healthcare professionals to attend the World Parkinson Congress in Kyoto, Japan

Hosting *Moving Forward, Together*, a provincial conference which offered a stream for healthcare professionals

Funding leading-edge research through the Michael Smith Foundation for Health Research, and the Parkinson Canada Research Program to improve understanding, treatment options, and search for a cure

We continued to inform our decisions by listening to feedback from those that rely on us – including carepartners, families, people with Parkinson's disease, and healthcare professionals.

Again, we reflect on the many accomplishments that have been made possible by you. **Thank you for putting your trust in us to serve the needs of the Parkinson's community for over 50 years.**

Signed,



Jean Blake CEO



Andrew Davenport CHAIR

# Message from Finance Committee

The Statement of Financial Position for the year ended December 31, 2019 presents healthy working capital with current assets significantly exceeding current liabilities. The Society's investment portfolio with a market value of \$1,666,462 (2018 - \$1,417,549) continues to generate modest returns.

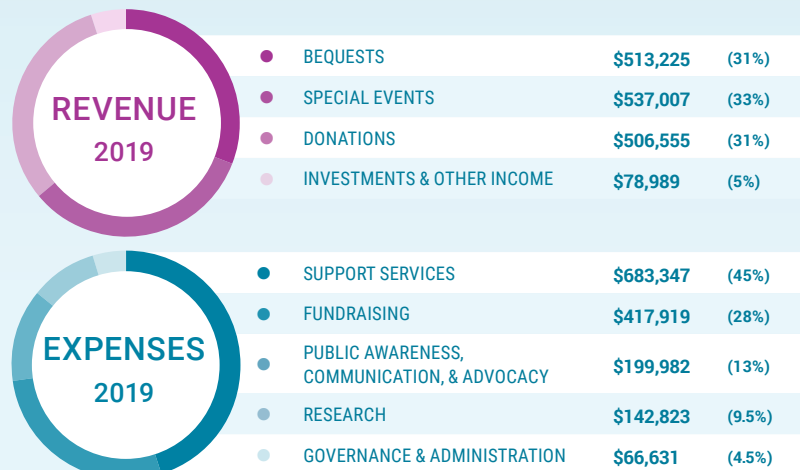
Overall, the 2019 Statement of Revenue and Expenses presents an excess of revenue over expenses of \$125,074 compared to the 2019 budget that was approved with a planned deficit of \$259,035. This excess reflects the receipt of an unanticipated bequest of \$200,000 and a foundation gift of \$75,000. Fundraising revenue, excluding bequests, also increased in 2019 to \$1,122,551 from \$1,042,728 in 2018, and continues to be an important part of PSBC's financial well-being. We are grateful for the continued commitment and support of our event participants, volunteers, donors, and sponsors.

During 2019, the Board invested in additional education and support services to extend our reach, increase our impact, and improve quality of life for people affected by Parkinson's disease in BC. This included hosting a number of Communication & Swallow Workshops across the province, which continue to assist people with Parkinson's in managing communication and swallowing challenges in the absence of qualified speech-language pathologists.

Notably, we have already committed to investing a minimum of \$394,208 in research from 2020 through 2023, in addition to \$142,823 in 2019. While we continue to fund research through the Parkinson Canada Research Program, we also partner with the Michael Smith Foundation for Health Research (MSFHR), which matches our research contributions.

The Society enters 2020 with reserves equal to 13 months of its historical expenses, which provides the Board with further opportunity to actualize our strategic priorities. An innovative initiative is the funding of additional allied health staff for the Kelowna movement disorder clinic and the Victoria movement disorder clinic beginning in 2020. The Board continues to review opportunities to further increase the Society's impact and reach throughout BC including conversations with Northern Health and Fraser Health authorities to implement visiting clinics.

## Our Picture of Financial Accountability



To view a copy of our audited 2019 Financial Statements, please visit [www.parkinson.bc.ca](http://www.parkinson.bc.ca)

# Our Year in Review

To our volunteers who  
contributed over **7,850** hours  
to assist with the Society's programs,  
services, advocacy, and fundraising...

## THANK YOU!

**96**  
hours for  
education events

**640**  
hours for  
Board of Directors

**220**  
hours for  
advocacy

**3,144**  
hours for  
Parkinson SuperWalk

**81**  
hours for  
administration

**3,669**  
hours volunteered for  
our support groups

**\$447,586** raised across 26 communities  
for Parkinson SuperWalk in BC



**\$513,225** given from the estates  
of 8 individuals



**171**

people were trained on treatment  
techniques at our **Communication &  
Swallow Workshops**



**288**

people attended our **Moving Forward, Together**  
Conference, which included healthcare stream  
for allied health professionals



**30**

support group facilitators attended  
our **Moving Forward, Together**  
Facilitator Training



referrals through our  
PD Connect program



information and  
referral connections



in-service  
presentations



people attended our  
online webinars



BC's Ministry of Health announces the expansion of the Deep Brain Stimulation program in February 2019



Parkinson SuperWalk in Castlegar



Supporters of the Shaken Not Stirred dinner & dance fundraising event in Prince George



Parkinson SuperWalk in Vancouver



Co-op student, Stephanie Lowe (next to RootBear), accepts cheque on behalf of PSBC for proceeds from A&W's Float Days

# Special Thanks to Our Supporters

*Note: We strive to ensure that each name is appropriately listed and spelled. Please let us know if we have made an error so we may correctly recognize you in the future.*

## **INDIVIDUALS Leadership Circle \$5,000 or more**

- Anonymous (2)
- Charles Brown
- Paul Pearlman and Stephanie Soulsby
- Joan Priestman
- Ella Wolder

## **INDIVIDUALS Benefactors Circle \$1,000 - \$4,999**

- Anonymous (13)
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- Karin and William Arkinstall
- Peter and Marie Baigent
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- Patricia Craig
- Linda Dawson
- Elzo and Lynn deVries
- Pierre Ducharme and Allison Haley
- Victor Dyck
- Dr. Roger and Dr. Marjorie Eamer
- Ralph and Linda Emsland
- Matthew Freeman
- Abe and Lillian Friesen
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- Marna Leslie
- Roberta and Angus Leslie
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- Sandy and Ellen McCurrach
- Wray McDonnell
- Alan and Holly Meadows
- Bjorn and Rochelle Moller
- Robin and Judith Nelson
- Bob Oliver
- Jacqueline Ordroneau
- John and Nancy Pearce
- Helen Petre
- David and Elaine Rickards
- Marlene Ritchie
- Kimberly Sambrook and David Fetterman

- Shelley Schreyer and Cory Walsh
- Laird and Annalee Siemens
- Carolyn and David Simmons
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- Mike, Melissa, and Caroline Smerdon
- Eva and Eric Stuehmer
- Carole J. Taylor
- Alan B. Thompson
- Garry and Cheryl Toop
- Case Van Diemen
- Elaine Vandale
- Christopher Vollan
- Carl Wagner
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## **INDIVIDUALS Tulip Circle \$500 - \$999**

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- Clifford Anderson
- Tanya Anderson
- Brian Begert
- Darren Benning
- Sheryl Bolton
- Kathryn Bonitz
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- Colin and Susan Boyer
- Ross Brisbane
- Tim Brookes
- Bev Brown
- Todd Brown
- David Burnside
- Keith Byram
- Jennifer Calow
- Kevin and Susan Carlson
- Felicia Chen
- David Christopher
- Donald Chunn
- Les Consenheim
- David and Debbie Couling
- Nancy Coutts
- Dick and Pamela Cowan
- Barbara Cox and William Reed
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- Tony and Glenys Dawson
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- Gavin Dirom
- Joseph Donnelly
- Mrs. Sharon Dyball
- David Evans
- Murray and Carol Firth
- Meredith Folkestad
- Norm and Pat Francis
- Gerald and Margo Gartner
- Robert Gauthier and Dorothy Read
- Marion George

- Janice and Terry Gibbon
- Richard Patrick Gibbons
- William Glover
- Heather Goertzen
- Muriel Goodwin
- Robert Greggs and Marilyn Hood
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- Donald and Patti Gunning
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- Celine Lusher
- Ian Lusher
- Dorothy Macbeth
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- Eileen Mate
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- George and Patricia Mauch
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- Shirley McGillivray
- Maria Melo
- Roger and Dominique Miller
- Margaret E. Mutch and James Patterson
- Anthony Muzzillo
- Joseph Negraeff
- Cameron and Diana Neil
- Raymond and Linda Nicklin
- Joan Nielsen
- Alison Norman and Brian Pollard
- Gordon Olinger
- Rendy and Brian Olthuis
- Peter O'Sullivan
- Joann Panteluk
- Jordan J. Parker
- Geoffrey Parkhurst
- Holly and Chris Parrish
- Robby Pawar
- Stephen Pearson
- Iris Pierrot
- David Probst
- Axel and Dawn Rehkatsch
- Donald Reimer
- Dr. Karla Reimer
- Dr. Alan and Brenda Reynolds
- Maureen Rigby

- Lorraine Rumberg
- Jim and Noreen Rustad
- Parveen Sandhu
- Brad and Tracy Schreyer
- Andrew Scott and Katherine Johnston
- Doris Shoemaker
- Robert and Alex Skelly
- Bill and Carol Skjaveland
- James Smerdon and Deana Grinnell-Smerdon
- Richard and Joan Smyth
- Elaine Spencer
- Marc St. Arnault
- Janet Stuehmer and Richard Hutton
- Lyn Blanchard and Valerie Swannell
- Monica and Gary Vaughan
- Erika and Daniel VonBank
- June Wakefield
- Dave Wall
- Ilse Wallace
- Ulrika Wallersteiner
- Tim Walsh
- Richard Westerop
- Craig and Kayla White
- Max Whitney
- Robert Wiens
- Sean Wiens
- Dan Wilder
- Don Yee
- Anne Zukiwski

## **LEGACY GIFTS**

- Estate of Geraldine Biely
- Estate of Aline Madeleine Cox
- Estate of Cora Evelyn Galbraith
- Estate of Gwendelyne Ethel Moysa
- Estate of Norman Moysa
- Estate of Vivian S.A. Myers
- Estate of Catharina Pieternella Smith
- Estate of Juliette Stenhouse Trust
- Estate of Thomas John Kenneth Thompson

## **CORPORATIONS, COMMUNITY AND EMPLOYEE GROUPS, FOUNDATIONS, AND SERVICE CLUBS Leadership Circle \$5,000 or more**

- A&W - Newton/Strawberry Hill
- AbbVie Corporation
- Aldor Acres
- BC Sheet Metal Association (SMACNA-BC)
- Bell Media
- Black Press
- Blake, Cassels & Graydon LLP
- BMC Networks Inc. Technology Services
- Corus Entertainment

- Harbour Air Seaplanes
- Frances A. McClean & Charles J. McNeely, Jr. IMP Fund, held at Vancouver Foundation
- Lamar Transit Advertising
- Lewis Family Fund, held at NWM Private Giving Foundation
- Me-n-Ed's Enterprises Canada Ltd.
- Parke Pacific Projects Ltd.
- Provincial Employees Community Services Fund
- Queen Elizabeth Secondary School
- Stingray Group
- The Alan and Doreen Thompson Charitable Foundation
- The Raven Foundation
- The Ritchie Family Foundation

## **CORPORATIONS, COMMUNITY AND EMPLOYEE GROUPS, FOUNDATIONS, AND SERVICE CLUBS Leadership Circle \$1,000-\$4,999**

- Anh and Chi
- Aqueduct Foundation
- Bond Reproductions Inc.
- Canucks for Kids Fund
- Clark Wilson LLP
- CN Employees' and Pensioners' Community
- Cobalt Construction
- Dillon Consulting Ltd.
- Fraternal Order of Eagles Cranbrook Aerie No. 3032
- Friends of Asia
- Halo Metrics
- Home & Garden Rona
- Jakobsen Foundation via Strategic Charitable Giving Foundation
- Kamloops Parkinson's Support Group
- Knight Piesold Ltd.
- Loyal Order of Moose Lodge #1552
- Paladin Labs Inc.
- Parkland Fuel Corporation
- Raymond James Canada Foundation
- RBC Foundation
- Royal Bank Financial Group Foundation
- Royal Canadian Legion Branch No. 88
- Scotiabank
- Sunovion Pharmaceuticals Canada Inc.
- Teck Coal Limited
- UCB Canada Inc.
- Werner and Helga Hoing Foundation
- Westjet